

# ARGYLE CENTRAL SCHOOL

## FITNESS CENTER

**Days:** Monday-Thursday (closed on holidays and school vacations)  
**Public Hours:** 5:00 PM - 8:00 PM (Starting December 19, 2022)  
**Fee:** \$10 refundable fee\* for ID and electronic swipe card access (required)

\*Replacement swipe cards require an additional \$10 deposit.

- The Argyle CSD Fitness Center is open to residents of the District age 13 and up. No one under the age of 15 is permitted to use the fitness center without his/her parent/guardian present at all times.
- Participants may register in the Main Office to receive an electronic swipe card. Swipe card access is only to be used by the member for the sole purpose of accessing the Fitness Center during posted hours of operation.
- Street shoes are not allowed in the Fitness Center.
- Please bring a towel to wipe down equipment after use.
- Fitness Center users are responsible for:
  - Watching orientation video prior to initial use
  - Signing into the Fitness Center prior to each use
  - Abiding by all rules posted in the Fitness Center
  - Following any verbal and written instructions or directions given by District Fitness Center Monitors
  - Using all equipment as instructed
  - Using all available safety features on the equipment
  - Ensuring all equipment is properly cleaned and put away after use
- Children of members are not allowed in the Fitness Center, gym, or hallway while member is using the Fitness Center.
- The schedule may change based on school activities and will be posted on the school website.

